

# Post-Workshop Reflection

Professional Ethics & Boundaries • Theme 1B • THW Continuing Education

REFLECTION ASSIGNMENT

## Post-Workshop Reflection

Professional Ethics & Boundaries in THW Practice

### Instructions

Complete all four sections of this reflection. Submit as a typed document or written response. There are no right or wrong answers — your honest engagement is what matters. Plan to spend 30-45 minutes on this reflection.

## Section 1 — Knowledge Check

### 1. List three of the 12 Core Ethical Principles for THW Peer Supporters.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

### 2. In your own words, what is the difference between a boundary crossing and a boundary violation?

Boundary crossing:

\_\_\_\_\_  
\_\_\_\_\_

Boundary violation:

\_\_\_\_\_  
\_\_\_\_\_

### 3. Name two situations that require mandatory reporting in Oregon. Include the appropriate contact number for each.

- a. \_\_\_\_\_
- b. \_\_\_\_\_

### 4. What does each letter of the ETHICS framework stand for?

- E** \_\_\_\_\_  
**—** \_\_\_\_\_  
**T** \_\_\_\_\_

— \_\_\_\_\_

**H**

— \_\_\_\_\_

**I** — \_\_\_\_\_

**C**

— \_\_\_\_\_

**S**

— \_\_\_\_\_

## Section 2 — Application

**5. Describe a boundary challenge you have faced or anticipate facing in your THW practice.**

*Be specific. If you're writing about a real situation, change identifying details to protect privacy.*

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**6. How would you apply what you learned in this course to address this challenge? Reference specific concepts (the 12 principles, the Three P's, the ETHICS framework, etc.).**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Section 3 — Self-Assessment

Rate your confidence in each area on a scale of 1 (low) to 5 (high).

Skill Area	1	2	3	4	5
Understanding peer support ethical principles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Making boundary decisions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Navigating dual relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding confidentiality requirements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Using the ETHICS framework	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Section 4 — Personal Commitment

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**7. What is ONE ethical principle you want to be more mindful of in your practice going forward? Why this one?**

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**8. What is ONE concrete action you will take in the next 30 days to strengthen your ethical practice?**

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**9. What topic from this course would you like more training or supervision on?**

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*Thank you for your thoughtful engagement with this material.  
Remember: when in doubt, consult supervision.*

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