

# ETHICS Framework Worksheet

Professional Ethics & Boundaries • Theme 1B • THW Continuing Education

SUPPLEMENTAL WORKSHEET

## ETHICS Framework Worksheet

*A Tool for Working Through Ethical Dilemmas*

Use this worksheet when facing an ethical dilemma in your peer support practice. Work through each step systematically. This can be used individually or with your supervisor.

### Describe the Situation

*What happened? What is the dilemma you're facing?*

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#### Examine the Situation

*What are the facts? Separate facts from assumptions.*

**Known facts:**

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**Assumptions I'm making:**

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#### Think About Who's Affected

*Who are the stakeholders? How might they be impacted?*

Who is Affected?	How Might They Be Impacted?
The person I support	<hr/>
Myself	<hr/>
My organization	<hr/>

Others (family, community) \_\_\_\_\_

**H**

## Hypothesize Options

List all possible options, even imperfect ones, with their consequences.

**Option 1:**

\_\_\_\_\_

Consequences: \_\_\_\_\_

**Option 2:**

\_\_\_\_\_

Consequences: \_\_\_\_\_

**Option 3:**

\_\_\_\_\_

Consequences: \_\_\_\_\_

**I**

## Identify the Best Option

Which option best aligns with the 12 Core Ethical Principles?

**My best option:**

\_\_\_\_\_

**Principles it aligns with:**

\_\_\_\_\_

**C**

## Consult

Who have you consulted? What did they say?

Supervisor    Colleague    Ethics Committee    Policy Manual

**Guidance received:**

\_\_\_\_\_

\_\_\_\_\_

**S**

## Select & Act

Decision, implementation, documentation.

**My decision:**

\_\_\_\_\_

**Next steps:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**How I'll document this:**

\_\_\_\_\_

# Post-Decision Reflection

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*Complete after taking action.*

**What was the outcome?**

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**What would I do differently next time?**

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*Ethical decision-making is a skill that improves with practice.  
When in doubt, consult your supervisor before acting.*

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